



## **The Glenfir School Policies and Procedures**

**Policy: School Nutrition**  
**Date Approved: December 09, 2008**

### **Introduction**

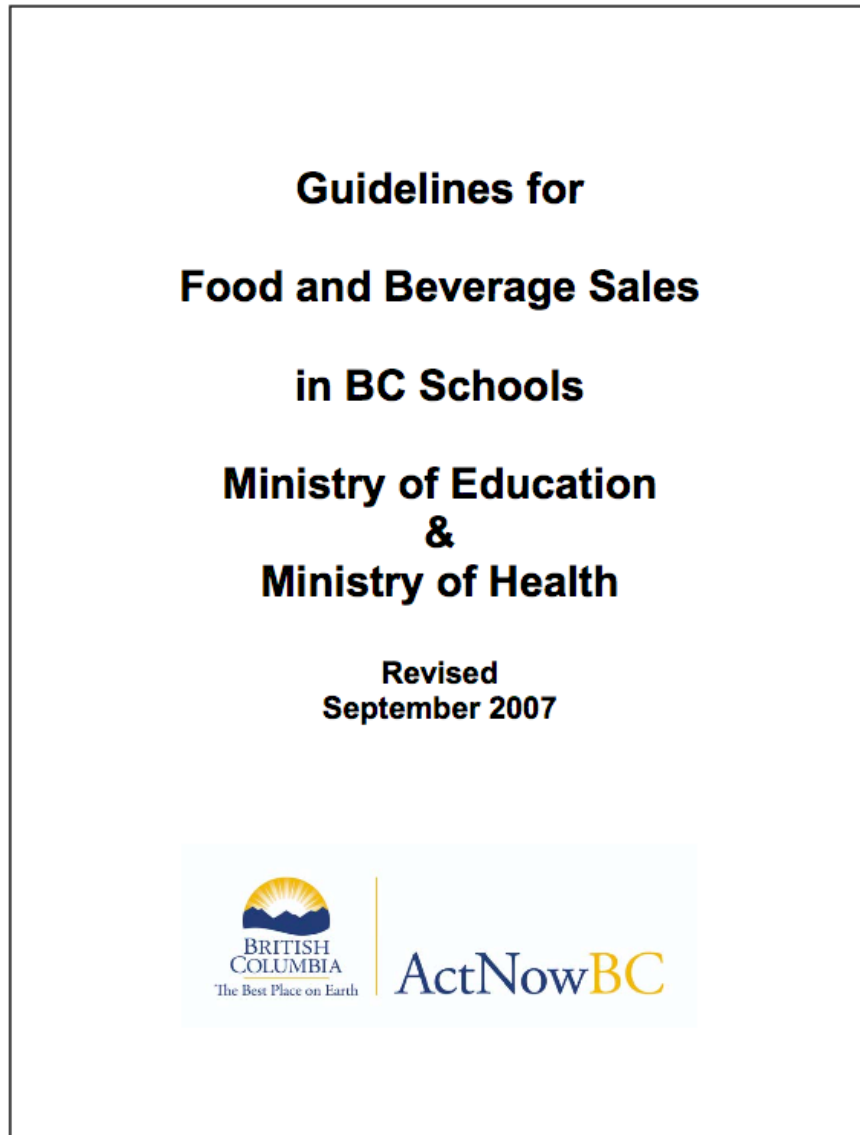
As a component of the Comprehensive School Health Policy, the Glenfir School supports the B.C. Ministry of Education and Ministry of Health “Guidelines for Food and Beverage Sales in B.C. Schools” (2007). These guidelines were developed with the intention to improve the choices offered within the school setting so that it is easy for students to make healthy choices on a routine basis. These guidelines apply to all food and beverages sold to students in the school and at school sponsored events, including vending machines, school store, hot lunch program, fundraisers, special events and celebrations.

### **Policy**

1. Administration will work with staff, teachers, students, and parents/guardians to ensure compliance with the B.C. Ministry “Guidelines for Food and Beverage Sales in B.C. Schools”.
2. Vending Machine Services - Any future consideration for vending machines must support healthy choices. Contracts must honour the Ministry “Guidelines for Food and Beverage Sales in B.C. Schools”.
3. School Lunch Programs - The school will meet or exceed the Ministry “Guidelines for Food and Beverage Sales in B.C. Schools”.
4. Fundraising - The school will meet or exceed the Ministry “Guidelines for Food and Beverage Sales in B.C. Schools”.
5. Special Events and Celebrations - A broader range of food options is acceptable provided such activities are of an intermittent nature. Nevertheless, consideration should be given to the Ministry Guidelines.
6. Food as Rewards - The decision to use food rewards in the school and classrooms can undermine the above regulations. Before food rewards are offered consideration should be given to the nutritional value, frequency and quantity of such rewards as well as healthy role modeling. An alternative to food rewards should be offered whenever a reward is considered.

7. Each teacher will ensure all learning objectives are met or exceeded as stated in the individual Integrated Resource Packages throughout every grade to teach students about nutrition and healthy living, using the appropriate curricula such as: Personal Planning, Health and Careers, Physical Education, Science, Home Economics, and other related Integrated Resource Packages.

## **Appendix A**



Please go to [www.bced.gov.bc.ca/health/guidelines\\_sales07.pdf](http://www.bced.gov.bc.ca/health/guidelines_sales07.pdf) for full pdf.